

THE TOP 100 HEALTH CLUBS

are not on this year's list. Fitness First, Frederick, MD, is on this year's list with a reported \$32 million in 2012 revenue. But the company will not appear on next year's list, as last month, Gold's Gym International, Irving, TX, acquired 17 of the 18 Washington, DC-area Fitness First clubs.

Gold's Gym and Equinox, New York, are two likely Top 10 club companies in the industry, but they are not on the Top 100 Clubs list because they chose not to disclose their financial information. Other club companies not on the list also declined to provide financial information

to Club Industry. Some club companies that made the list last year but did not report financials this year were given estimates for their 2012 revenue and are on the list this year.

In addition to Planet Fitness's return, some new names appear on the Top 100 Clubs list. UFC Gym, Lafayette, CA, is No. 42 with \$21 million in reported 2012 revenue. UFC Gym likely will grow next year after it announced in January that it had acquired franchise company LA Boxing, Santa Ana, CA.

Other new names include ClubSport

of San Ramon, CA, which tied for No. 47 with \$16.7 million; Big Vanilla Athletic Club, Pasadena, MD, which is No. 62 with \$11.8 million; Axiom, Boise, ID, which is No. 75 with \$9 million; and Cedardale Health and Fitness, Haverhill, MA, which is No. 79 with \$7.6 million.

And finally, one more new name is No. 100 Breakthru Fitness, Pasadena, CA, which reported \$3.3 million in 2012 revenue. Breakthru Fitness is one of the six training-centric operators Club Industry featured last month in "Secrets of Successful Small Club Operators."

RANK	COMPANY	2012 REVENUE (MILLIONS)	REV CHANGE ¹	# SITES ²	# STATES OPERATING IN	FOUNDED	# EMPLOYEES	# OPEN/ACQUIRE IN 2013 ³	PROFILE
1	Fitness International LLC (LA Fitness), Irvine, CA (949) 255-7200**	1,700	N/A	568	N/A	1984	N/A	N/A	Fitness club chain.
2	24 Hour Fitness, San Ramon, CA (925) 543-3200**	1,500	N/A	400+	18	1983	N/A	N/A	One of the largest privately owned multipurpose fitness chains in the United States.
3	Life Time Fitness Inc., Chanhassen, MN (952) 947-0000	1,127	11%	105	23	1990	21,700	3 (N)	Public operator of large sports and athletic, professional fitness, family recreation and spa centers.
4	Club Corp., Dallas, TX (972) 243-6191	754.9	5%	81 (O) 7 (M) 56 (Ls)	23 plus DC	1957	14,000	N/A	Owner of large, upscale sports clubs plus golf clubs, country clubs and dining clubs.
5	Town Sports International Holdings Inc., New York, NY (212) 246-6700	479	3%	160	8 plus DC	1974	7,800	1-4 (N) 5 (A)	Public owner and operator of fitness clubs in the Northeast.
6	Capital Fitness Inc., (XSport Fitness), Big Rock, IL (877) 417-1450	165	10%	30	3 (IL, NY, VA)	1997	2,700	5 (N)	Operates 50,000-square-foot multipurpose centers and express model clubs.
7	Pla-Fit Franchise LLC (Planet Fitness), Newington, NH (603) 750-0001	157.3	33%	44 (O) 562 (F)	47	1992	626	100 (N)	A franchisor of high-volume, low-price health clubs across the country.
8	Western Athletic Clubs, San Francisco, CA (415) 781-1874	135	8%	5 (O) 6 (Ls)	1 (CA)	1978	1,800	1 (N) 10 (A)	Developer, owner and operator of high-end multi-facility sports resorts.
9	Crunch Fitness, New York, NY (212) 993-0300	113	18%	38 (O) 20 (F) 2 (Li)	10	1989	2,074	40 (N) 2 (A)	Club chain that fuses fitness and entertainment.
10	Bally Total Fitness, Chicago, IL (773) 380-3000	108	N/A	6 (O) 45 (Ls) 2 (F)	4 (CA, CO, NJ, NY)	1962	2,200	N/A	Fitness club chain.
11	Sport and Health, McLean, VA (703) 556-6556	103	3%	24 (O)	2 (MD, VA) plus DC	1973	2,300	1 (N) 1 (A)	Mid-size and large multipurpose clubs.
12	Millennium Partners Sports Club Management LLC, Boston, MA (617) 476-8910	96	2%	6 (O)	4 (CA, FL, MA, NY) plus DC	2006	1,400	1 (N)	Operator of luxury sports, fitness and wellness clubs offering personalized amenities.

KEY: * = Estimated 3% increase. ** = Revenue derived from various financial sources. 1. Increases may reflect revenue growth through acquisition of new club openings. 2. (O) = Owned. (M) = Managed. (Ls) = Leased. (Li) = Licensed. (F) = Franchised. 3. (N) = New. (A) = Acquired. N/A = Not available.

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13	Midtown Athletic Clubs and Midtown Health, Chicago, IL (773) 463-1234	91	-4%	10 (O) 20 (M)	9 plus Quebec	1969	2,600	0	Owner of large, multi-rec sports resorts and provider of corporate wellness solutions.
14	Leisure Sports Inc., Pleasanton, CA (925) 600-1966	89	10%	8 (O)	3 (CA, NV, OR)	1979	1,800	0	Private company operating high-end sports clubs and hotels.
15	PFNY LLC, Yonkers, NY (914) 620-9900	82	4%	27 (O)	1 (NY)	2008	465	10 (N)	Owns and operates Planet Fitness clubs located mainly in the five boroughs of New York City.
16	Club One Inc., San Francisco, CA (415) 477-3000	80	0%	13 (O) 74 (M)	18	1991	2,600	0	Fitness management company operating Club One, Frog's Fitness brands, client worksites and community centers.
17	The Wellbridge Co., Greenwood Village, CO (303) 866-0800	76	4%	2 (O) 1 (M) 16 (Ls)	7 (CO, GA, FL, MA, MD, MO, NM)	1983	2,700	1 (N) 1 (A)	Club management company of upscale facilities with a wide range of services.
18	East Bank Club, Chicago, IL (312) 527-5800	55	2%	1 (O)	1 (IL)	1980	680	0	Large, multipurpose, urban-based facility in Chicago specializing in fitness and social events.
19	Anytime Fitness LLC, Hastings, MN (800) 704-5004	52.6	35%	20 (O) 2,015 (F)	50	2002	232	300 (N) 5 (A)	Franchisor of all-access clubs.
20	Spectrum Athletic Clubs, El Segundo, CA (310) 727-9300	50	N/A	12 (O)	1 (CA)	1999	2,000	N/A	Multipurpose club chain.
21	Snap Fitness Inc., Chanhassen, MN (952) 474-5422	48.6	37%	106 (O) 1,206 (F)	50	2003	307	150-175 (N)	Franchisor of all-access clubs.
22	The Rush Fitness Complex, Knoxville, TN (865) 288-1284	48.5	1%	23 (O)	4 (GA, NC, SC, TN)	2000	1,513	0	A chain of multipurpose clubs that combine entertainment and fitness.
23	Plus One Health Management, New York, NY (800) 518-9083*	47.4	3%	180 (M)	28 plus DC, Puerto Rico and Canada	1986	1,750	N/A	Designer, developer and manager of fitness centers.
24	The Houstonian Club, Houston, TX (713) 685-6888	44.4	1%	2 (O) 2 (M)	1 (TX)	1992	375	0	Private multipurpose health club.
25	Island Tennis L.P., dba Sportime, Kings Park, NY (631) 269-1055	44	5%	10 (O) 3 (Li)	1 (NY)	1994	1,075	0	Owner and operator of tennis and multi-sport clubs.
26	Lucille Roberts Health Clubs, New York, NY (212) 734-0500*	43.8	3%	53 (O) 7 (F)	4 (GA, NJ, NY, PA)	1969	735	N/A	Owner and franchisor of private, full-service facilities for women.
27	MediFit Corporate Services Inc., Florham Park, NJ (973) 593-9000	42.5	9%	246 (M)	35 plus Canada	1995	2,000	10 (N)	Wellness and fitness consulting and management company.
28	Fitness Formula Clubs, Chicago, IL (312) 648-4666	41.8	15%	9 (O) 3 (M)	1 (IL)	1984	1,020	N/A	Privately-held owner/operator of upscale fitness clubs in the Chicago area.
29	Richmond Fitness T/A American Family Fitness, Glen Allen, VA (804) 965-5300	41.7	4%	6 (O) 3 (Ls)	1 (VA)	1990	1,250	1 (N)	Suburban, multipurpose chain ranging in size from 40,000 to 95,000 square feet.

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30	Healthtrax International Inc., Glastonbury, CT (860) 633-5572	41.1	-7%	18 (O) 1 (M) 17 (Ls)	8	1979	1,400	0	Owner/operator of hospital-affiliated wellness centers.
31	Powerhouse Gyms International, Birmingham, MI (248) 476-2888	39.1	15%	21 (O) 7 (M) 7 (F) 292 (Li)	39 plus 20 countries	1975	440	10 (N) 4 (A)	Franchisor and licensor of clubs.
32	ACAC Fitness and Wellness Centers, Charlottesville, VA (434) 974-9890	37.9	5%	7 (O)	2 (PA, VA)	1984	952	0	Large, suburban multi-sport facilities with strong family and medical components.
33	PH Fitness Inc. dba Fitness First, Frederick, MD (301) 963-1500	32	-6%	17 (O)	2 (MD, VA) plus DC	1991	970	1 (N)	Multipurpose club chain.
34	DMB Sports Clubs L.P., dba Village Health Clubs & Spas, Phoenix, AZ (602) 840-6412	31.7	5%	3 (O)	1 (AZ)	1976	650	0	Operator of upscale health clubs and spas.
35	Five Seasons Family Sports Club, Covington, KY (859) 292-5500*	30.9	3%	7 (O)	4 (IL, IN, KY, OH)	1988	1,100	N/A	Upscale clubs owned by Corporex Companies LLC.
36	Mountainside Fitness, Tempe, AZ (480) 706-8963	30.3	29%	10 (O)	1 (AZ)	1991	639	3 (N)	Locally owned and operated fitness club chain in Arizona.
37	The Atlantic Club Inc., Manasquan, NJ (732) 292-4363	28	2%	2 (O)	1 (NJ)	1977	635	0	Multipurpose, health and fitness facilities.
38	Best Fitness, Nashua, NH (603) 204-5108	25	39%	10 (O)	4 (MA, NH, NY, PA)	1996	600	2 (N)	Privately-owned club chain.
39	Fitness Edge LLC, Fairfield, CT (203) 319-1964	23.5	11%	8 (Ls)	1 (CT)	1987	200	2 (N)	Full-service health club chain.
40	Merritt Athletic Clubs, Baltimore, MD (410) 298-8705	22.9	5%	6 (O) 4 (M) 3 (Ls)	1 (MD)	1977	600	1 (N)	Multipurpose club company in the Baltimore area.
41	Healthworks Fitness Centers, Boston, MA (617) 859-8700	22.3	1%	8 (O)	1 (MA)	1977	475	N/A	Operator of upscale fitness centers for women, a nonprofit foundation and an express club.
42	U Gym LLC dba UFC Gym, Lafayette, CA (760) 444-0900	21	86%	6 (O)	3 (CA, HI, NY)	2008	1,100	20 (N)	A chain of mixed martial arts clubs.
43	American Leisure Facilities Management, Nanuet, NY (845) 371-5670*	20.6	3%	1 (O) 67 (M)	3 (CA, NJ, NY)	1965	500	N/A	Provides management and consulting services to the fitness, spa, recreation and lifestyle industries.
44	Saw Mill Sports Management, Mount Kisco, NY (914) 241-0797	20	0%	4 (O) 2 (Ls)	2 (CT, NY)	1972	N/A	0	Multipurpose, suburban clubs.
45	The Longfellow Clubs, Wayland, MA (508) 358-7355	17.1	3%	2 (O) 5 (Ls)	1 (MA)	1980	700	1 (A)	Multipurpose facilities with a focus on health, tennis and families.
46	Bailey's Gym Inc. dba Powerhouse Gym, Jacksonville, FL (904) 744-1336	17	15%	13 (O)	2 (GA, FL)	1981	325	1 (N)	Powerhouse Gym franchise.

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47	The Columbia Association, Columbia, MD (410) 715-3000	16.7	3%	6 (O)	1 (MD)	1967	1,100	0	Private community service organization with a wide variety of recreational facilities.
	ClubSport of San Ramon, San Ramon, CA (925) 277-3090	16.7	4%	2 (O)	1 (CA)	1989	280	0	High-end multipurpose club.
49	Corporate Sports Unlimited Inc., Austell, GA (770) 432-0100	16.5	-6%	18 (M)	2 (GA, MN)	1980	175	4 (N) 4 (A)	Management company for corporate health clubs, spas, wellness centers and more.
50	Aquahab L.P., Bala Cynwyd, PA (856) 751-4811	16	5%	5 (O)	2 (NJ, PA)	1991	700	1 (N) 1 (A)	Family-owned, multipurpose facilities offering fitness, wellness and physical therapy.
51	Akron General Health & Wellness Centers, Akron, OH (330) 665-8000	15.7	23%	4 (O)	1 (OH)	1995	330	1 (N)	Medically-based fitness and wellness centers.
52	Wisconsin Athletic Club LLC, Milwaukee, WI (414) 328-1300*	15.5	3%	6 (O)	1 (WI)	1976	600	N/A	Private club group in the greater Milwaukee area.
53	The Gym Holdings LLC, Montvale, NJ (201) 802-9399	15.2	1%	3 (O)	2 (NJ, NY)	2001	200	0	High-end fitness chain of three fitness clubs.
54	Gainesville Health and Fitness Centers, Gainesville, FL (352) 377-4955	14.4	-2%	3 (O) 1 (M)	1 (FL)	1977	425	0	Multipurpose, women-only and rehab/wellness center operator.

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55	Elmwood Fitness Center, Harahan, LA (504) 733-1600	14.3	7%	4 (O)	1 (LA)	1988	475	0	Multipurpose family health and fitness centers offered as a service of Ochsner Health System.
56	Maryland Athletic Club and Wellness Center, Timonium, MD (410) 453-9111*	14.2	3%	3 (O)	1 (MD)	1996	335	N/A	Multipurpose wellness centers for individuals and employers.
57	Latitude Sports Clubs, Salisbury, MA (978) 462-5662	13.8	1%	3 (O) 2 (Ls)	1 (MA)	1982	400	0	Massachusetts-based boutique facilities.
58	FIT Brands Max Fitness, Columbus, GA (706) 322-0808*	13.4	3%	6 (O) 42 (M) 12 (Li)	8 (AL, AR, CO, GA, IN, LA, NJ, TX)	2011	200	N/A	Multi-divisional company representing innovative brands and club consulting.
59	Newtown Athletic Club, Newtown, PA (215) 968-0600	13	35%	2 (O)	1 (PA)	1978	350	0	Multi-recreational health and fitness complexes, catering to families.
60	Greenwood Athletic and Tennis Club, Greenwood Village, CO (303) 770-2582	11.9	8%	1 (O)	1 (CO)	1987	243	0	Large, multipurpose athletic and tennis club.
	Eastern Athletic Clubs LLC dba Hockessin Athletic Club, Hockessin, DE (302) 239-6688	11.9	1%	1 (O)	1 (DE)	2007	320	N/A	Full-service, multipurpose, family-oriented health club.
62	NFAC Inc. dba Big Vanilla Athletic Club, Pasadena, MD (410) 437-4242	11.8	5%	2 (O)	1 (MD)	1988	150-190 per club	0	Multipurpose facilities in Maryland with a focus on families.

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63	Dedham Health and Athletic Complex, Dedham, MA (781) 326-2900	11.6	2%	1 (O)	1 (MA)	1977	167	N/A	Large, multipurpose health, fitness and sports complex with strong medical components.
64	Tilton Fitness Management, Linwood, NJ (609) 601-1132*	11.3	3%	4 (O) 2 (M)	2 (NJ, PA)	1980	400	N/A	Management company that develops, owns and operates commercial and hospital-affiliated health clubs.
65	Weymouth Club, Weymouth, MA (781) 337-4600	10.7	3%	1 (O)	1 (MA)	1988	200	0	Large, multipurpose suburban, health, fitness and family recreation facility.
66	World Gym Setauket, East Setauket, NY (631) 751-6100	10.4	1%	4 (O)	1 (NY)	1980	381	0	Owner/operator of four multipurpose clubs on Long Island, NY.
67	Sparrow Michigan Athletic Club, East Lansing, MI (517) 364-8888	10.1	3%	1 (O)	1 (MI)	1991	337	N/A	Hospital-owned multipurpose club.
68	Liebenow & Torok Inc. dba L&T Health and Fitness, Falls Church, VA (703) 204-1355	10	8%	50 (M)	13 plus DC	1984	321	5 (A)	Women-owned health management company.
	Advocate Condell Centre Club, Libertyville, IL (847) 990-5750	10	6%	2 (O)	1 (IL)	1988	184	0	Large multipurpose hospital-owned health and fitness centers.
70	Bodyworks Family Sports Centers, Lubbock, TX (806) 799-4040	9.8	0%	5 (O)	1 (TX)	1992	300	1 (N) 1 (A)	A regional chain of health and fitness clubs focused on faith, family and fitness.

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71	Cooper Fitness Center, Dallas, TX (972) 560-2667	9.7	5%	1 (O)	1 (TX)	1970	135	N/A	Full-service fitness center and spa.
72	Health and Fitness Centers of Northwestern Lake Forest Hospital, Lake Forest, IL (847) 535-7681*	9.6	3%	2 (O)	1 (IL)	1994	225	N/A	Medically-integrated health and fitness center.
	Rochester Athletic Club, Rochester, MN (507) 282-6000*	9.6	3%	1 (O)	1 (MN)	1993	250	N/A	Multipurpose, family-focused athletic club.
74	Miramont Lifestyle Fitness, Fort Collins, CO (970) 282-1000	9.5	-5%	2 (O) 1 (M) 1 (Ls)	1 (CO)	1979	330	1 (N)	Large, multipurpose clubs in Colorado.
75	Axiom, Boise, ID (208) 955-1112	9	5%	3 (O)	1 (ID)	2011	280	1 (N)	Fitness clubs in Idaho.
76	Greater Midland Community Centers Inc., Midland, MI (989) 923-4622	8.8	0%	5 (O) 3 (M)	1 (MI)	1917	767	1 (N) 1 (A)	Nonprofit multipurpose organization.
77	YWCA Minneapolis, Minneapolis, MN (612) 874-7131	8.3	-2%	3 (O)	1 (MN)	1891	240	0	YWCA branch with three centers.
78	SportFit Total Fitness Clubs, Bowie, MD (301) 262-4553*	8.2	3%	4 (O)	1 (MD)	1986	300	N/A	Multipurpose suburban clubs.

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79	Cedardale Health & Fitness, Haverhill, MA (978) 373-1596	7.6	4%	1 (O)	1 (MA)	1971	170-200	0	Large multipurpose, family-oriented club.
80	Ruth Stricker's Fitness Unlimited Inc. dba The Marsh, Minnetonka, MN (952) 935-2202	7.1	4%	1 (O)	1 (MN)	1985	196	1 (N)	Health and fitness club in Minnesota.
	Spectrum Fitness Clubs, Baton Rouge, LA (225) 923-3490*	7.1	3%	2 (O) 6 (Li)	1 (LA)	1992	250	N/A	Largest private fitness chain in Louisiana.
82	International Tennis Corp. dba Franklin Athletic Club, Southfield, MI (248) 352-8000	7	9%	1 (O) 1 (M)	1 (MI)	1969	145	0	Private club specializing in tennis, fitness and programs for families.
	Cascade Athletic Clubs, Gresham, OR (503) 665-4142*	7	3%	1 (O) 3 (Ls)	2 (OR, WA)	1977	190	N/A	Multipurpose clubs in the Northwest.
	HealthQuest, Flemington, NJ (908) 782-4009	7	1%	1 (O)	1 (NJ)	2001	250	0	Multipurpose family facility.
	Universal Athletic Club, Lancaster, PA (717) 569-5396	7	11%	1 (O)	1 (PA)	1994	179	0	Privately-owned multipurpose facility.

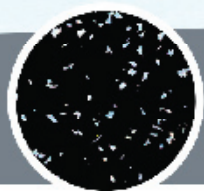
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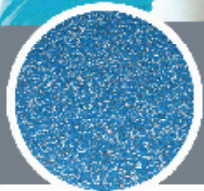
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86	Beverly Hills Club, Beverly Hills, MI (248) 642-8500	6.8	-6%	1 (O)	1 (MI)	1973	190	1 (N) 1 (A)	Multipurpose club catering to families and singles of all ages.
87	TriHealth Fitness and Health Pavilion, Cincinnati, OH (513) 985-6701	6.5	2%	1 (O)	1 (OH)	1997	48	0	Medically-based multipurpose fitness center.
	Blue Sky Holdings Inc., Manchester, MA (978) 526-8900*	6.5	3%	3 (O)	1 (MA)	2001	164	N/A	Operator of Manchester Athletic Club and two other MAC fitness centers.
89	Spearman Clubs Inc., Laguna Niguel, CA (949) 496-2070	6.4	2%	3 (O) 1 (Ls)	1 (CA)	1970	144	0	Family-owned upscale multipurpose facilities.
90	Prime Time Athletic Club Inc., Burlingame, CA (650) 697-7311	6.2	-2%	2 (O)	1 (CA)	1979	92	0	Full-service athletic facility with indoor and outdoor facilities.
91	Genesys Athletic Club, Grand Blanc, MI (810) 606-7552	5.9	1%	1 (O)	1 (MI)	2001	203	0	Hospital-based multipurpose club.
92	LifeBridge Health & Fitness, Baltimore, MD (410) 484-6800	5.4	0%	1 (O)	1 (MD)	1996	143	N/A	Large hospital-based wellness facility.

KEY: * = Estimated 3% increase. ** = Revenue derived from various financial sources. 1. Increases may reflect revenue growth through acquisition of new club openings. 2. (O) = Owned. (M) = Managed. (Ls) = Leased. (Li) = Licensed. (F) = Franchised. 3. (N) = New. (A) = Acquired. N/A = Not available.





Ken Rainig
President



Tiffany White
Sales & Marketing



Neal Rainig
Office Manager

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THE TOP 100 HEALTH CLUBS

RANK	COMPANY	2012 REVENUE (MILLIONS)	REV CHANGE ¹	# SITES ²	# STATES OPERATING IN	FOUNDED	# EMPLOYEES	# OPEN/ ACQUIRE IN 2013 ³	PROFILE
	The Sports Club of West Bloomfield, West Bloomfield, MI (248) 626-9880	5.4	2%	1(O)	1(MI)	1991	180	0	Multipurpose facility.
94	Premier Health & Fitness Center, Tallahassee, FL (850) 431-4830	5	14%	1(O)	1(FL)	1986	100	1(N) 1(A)	Subsidiary of Tallahassee Memorial HealthCare Inc.
95	City Club at River Ranch, Lafayette, LA (337) 406-2582	4.9	2%	1(O)	1(LA)	2001	154	N/A	High-end, full-service facility.
96	Telos Fitness Center, Dallas, TX (972) 386-2582	4	5%	1(Ls)	1(TX)	2003	55	0	Luxury-level club specializing in member service and professional training.
97	Buffalo Grove Fitness Center, Buffalo Grove, IL (847) 353-7501	3.9	-5%	1(O)	1(IL)	2000	127	0	State government, park district-owned multipurpose facility.
98	Baylor Tom Landry Health and Wellness Center, Dallas, TX (214) 820-7737	3.5	N/A	1(O)	1(TX)	1991	144	0	Medically-affiliated multipurpose facility.
99	EMH Center for Health & Fitness, Avon, OH (440) 988-6801	3.4	-5%	1(O)	1(OH)	1908	97	0	Large, single site, for-profit hospital-based fitness center.
100	Breakthru Fitness LLC, Pasadena, CA (626) 396-1700	3.3	18%	1(O)	1(CA)	2009	85	0	Training-centric boutique health and fitness club. ●

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